

# Running

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## Book Review by Nicholas Mauws

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Running brings together three characters that not only feel real with real-life problems, but they run well together in a story that develops an interesting trio of characters despite individual differences.

The story runs smooth start to finish. It is more about running though. It is a story that adds Aboriginal issues that are both current and historical. A story of love and anger. And a story about finding oneself and a purpose in life.

I loved reading this book (and for a second time) as it is a good all-a-round story and best of all, I love to run myself. Reading this book always gets me into a running and pumped up mood. I feel alive and energized like I too am running free through the wilderness. I can also enjoy the characters and their interactions with each other. I definitely recommend this book to any reader and a must-read to those who enjoy fitness.